DISHES AND THEIR ALLERGEN CONTENT – St Mary of the Angels Primary School – Week 3 (gluten free options available)

| DISHES | | No. | Ser. | E | | Light Hour | Wilk | | WIESTAND | | 0% | | £ | O W |
|------------------------------|--------|---------------------------|------------|----------|----------|------------|----------|---------|----------|------|---------|-----------------|------|--------------------|
| | Celery | Cereals containing gluten | Crustacean | Eggs | Fish | Lupin | Milk | Mollusc | Mustard | Nuts | Peanuts | Sesame seeds | Soya | Sulphur Dioxide |
| Spaghetti Bolognaise | | √ | | | | | | | | | | | | |
| Quorn Bolognaise | | √ | | V | | | | | | | | | √ | |
| Chicken Burger with Wedges | | | | | | | | | | | | | | |
| Quorn Burger with Wedges | | √ | | | | | | | √ | | | | | |
| All Day Breakfast | | V | | | | | | | | | | | | |
| All Day Breakfast with Quorn | | V | | | | | | | | | | | | |
| Tomato & Basil Pasta | | V | | | | | | | | | | | | |
| Ham & Cheese Panini | | V | | | | | √ | | | | | | | |
| Fish & Chips | | V | | | V | | | | | | | | | |
| Jacket Potato | | | | | | | | | | | | | | |

Reviewed by: Mrs H. Stott

21/3/25

Review date:



DISHES AND THEIR ALLERGEN CONTENT – St Mary of the Angels Primary School - Week 3 (gluten free options available)

| DISHES | | | Ser. | A | | Lizelin Iflour | Milk | | MISTAR | | | | | |
|----------------------|--------|---------------------------|------------|----------|------|-------------------|----------|---------|---------|------|---------|-----------------|------|--------------------|
| | Celery | Cereals containing gluten | Crustacean | Eggs | Fish | Lupin | Milk | Mollusc | Mustard | Nuts | Peanuts | Sesame seeds | Soya | Sulphur Dioxide |
| Chocolate Penny | | √ | | | | | | | | | | | | |
| Lemon Drizzle | | V | | | | | V | | | | | | | |
| Ice Cream | | | | | | | V | | | | | | | |
| Chocolate Brownie | | 1 | | | | | | | | | | | | |
| Carrot Cake | | V | | | | | | | | | | | | |
| Fruit Pots | | | | | | | | | | | | | | |
| Cheese | | | | | | | | | | | | | | |
| Crackers | | V | | | | | | | | | | | | |
| Yogurts | | | | | | | V | | | | | | | |
| | | | | | | | | | | | | | | |

Review date: 21/3/25 Reviewed by: Mrs H. Stott



DISHES AND THEIR ALLERGEN CONTENT – St Mary of the Angels Primary School – Week 3 (gluten free options available)

| DISHES | | | S | % | | Light Hour | Wilk | | MUSTARD | A. | o No | | | N. |
|--------|--------|---------------------------|------------|----------|------|---------------|------|---------|---------|------|---------|-----------------|------|--------------------|
| | Celery | Cereals containing gluten | Crustacean | Eggs | Fish | Lupin | Milk | Mollusc | Mustard | Nuts | Peanuts | Sesame seeds | Soya | Sulphur Dioxide |
| | | | | | | | | | | | | | | |
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Reviewed by:

Review date:

