

### St Mary of the Angels Catholic Primary School - Week One



#### THURSDAY MONDAY TUESDAY WEDNESDAY Mac & Cheese Macaroni pasta mixed with Roast Gammon a homemade cheese sauce. Choose from either a home Served with garlic bread. roasted gammon joint or a Quorn fillet served with roast potatoes and gravy. Chicken Nuggets

Choose from chicken breast or Quorn nuggets, coated in breadcrumbs and baked in the oven until golden brown, served with dry roasted diced potatoes and sweetcorn.

Chicken noodles Chicken strips or Quorn strips cooked with onions garlic, red peppers, soy sauce and egg noodles, served with sweet & sour sauce

Hotdog and Chips Choose from a Butcher's quality sausage or Quorn sausage served in a finger roll with chips and corn on the cob.

FRIDAY



Jacket Potatoes filled with a choose of cheese, tuna, ham and baked beans (when available).

Or

Delí Bar - Available Everyday

A selection of breads and wraps, with a choice of ham, chicken, beef and tuna accompanied with a range of salad.

Dessert Fresh Fruit, Fruit Pots, Yogurts and Cheese and Crackers are available daily. Chocolate Brownie Cookies Iced Sponge Jelly Muffins Drink

A selection of freshly made milkshakes, fruit juice (apple, orange or blackcurrant cordial), or water.



# St Mary of the Angels Catholic Primary School - Week Two



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молдау	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY			
Creamy Chicken Curry Choose from a fresh chicken piece, or Quorn pieces cooked with onions in a mild spiced sauce served on a bed of rice with Naan bread.	Pizza Day  A selection of homemade pizza served with dry roasted diced potatoes. Choose form cheese and tomato, ham or pepperoni. Served with green beans.	Soup and a Sandwich or Meatballs  A choice of soup of the day served with a sandwich.  Or  Fresh minced pork or Quorn meatballs served with or without a homemade tomato and basil sauce and pasta.	creamy sauce.	Fish and Chips Choose from either breaded cod fillet fingers or a salmon fillet baked in the oven and served with chip. Alongside peas or baked beans			
Jacket Potatoes filled with a choose of cheese, tuna, ham and baked beans (when available).							
		Or					
Delí Bar - Avaílable Everyday A selection of breads and wraps, with a choice of ham, chicken, beef and tuna accompanied with a range of salad.							
Dessert Fresh Fruit, Fruit Pots, Yogurts and Cheese and Crackers are available daily.							
Chocolate Penny	Lemon Drízzle	Ice Cream	Chocolate Brownie	Carrot Cake			

Drink

A selection of freshly made milkshakes, fruit juice (apple, orange or blackcurrant cordial), or water.



## St Mary of the Angels Catholic Primary School - Week Three

#### TUESDAY WEDNESDAY THURSDAY FRIDAY MONDAY All Day Breakfast Choose from a rasher of Spaghettí Bolognaise bacon or a Quorn sausage, Fish and Chips Choose from fresh minced served with scrambled eggs, Choose from either breaded beef or Quorn mince cooked baked beans, mushrooms. cod fillet fingers or a salmon with onions, garlic, tomatoes, tomatoes, and Brown bread. fillet baked in the oven and and herbs, served on a bed of Tomato and Basíl Pasta or served with chip. Alongside pasta with sweetcorn. peas or baked beans. Panini Pasta spirals coated in a Chicken Burger tomato and basil sauce. Choose from a fresh butcher's Orchicken burger or a Quorn Panini with a choose of ham burger served in a burger or cheese or both filling. bun with wedges.

Jacket Potatoes filled with a choose of cheese, tuna, ham and baked beans (when available).

Or

### Deli Bar - Available Everyday

A selection of breads and wraps, with a choice of ham, chicken, beef and tuna accompanied with a range of salad.

Dessert							
Fresh Fruit, Fruit Pots, Yogurts and Cheese and Crackers are available daily.							
Chocolate Penny	Lemon Drizzle	Ice Cream	Chocolate Brownie	Carrot Cake			
Drink							
A selection of freshly made milkshakes, fruit juice (apple, orange or blackcurrant cordial), or water.							