



PE Long Term Planning 2024-2025 – St Mary of the Angels Catholic Primary School

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
EYFS	Diddi Drama Dance	Diddi Drama Ball Skills	Ball Skills Gymnastics	Gymnastics	Ball Skills Athletics	Attacking vs Defending
Year 1	Gymnastics Team Building	Dance Gymnastics	Athletics Circuit Training	Ball Games (hands) Ball Games (feet)	Athletics Ball Skills	Tennis Dance
Year 2	Gymnastics Ball Games (hands)	Gymnastics Ball Games (hands)	Dance Tennis	Dance Tennis	Ball Games (feet) Athletics	Ball Games (feet) Athletics
Year 3	Football Tennis	Dance Gymnastics	Dodgeball Circuit Training	Athletics Tag Rugby	Swimming Netball	Swimming Rounders
Year 4	Tag Rugby Outdoor Teamwork	Netball Invasion Games	Gymnastics Dance	Football Dance	Tennis Circuit Training	Athletics Rounders
Year 5	Tag Rugby Yoga	Tag Rugby Yoga	Dance Netball	Gymnastics Netball	Cricket Athletics	Cricket Badminton
Year 6	Football Circuit Training	Dance Dodgeball	Basketball Yoga	Cricket Athletics	Rounders Athletics	Rounders Athletics