

# St Mary of the Angels RSE Programme of Study



## **‘Journey in Love’ with a wide range of supplementing supporting resources**

In alignment with the 2020 statutory RSE requirements, we at St Mary’s have been developing and growing our RSE programme of study. We use **Journey in Love** – a developmental programme for children in the primary years - as the main structure for our teaching of Relationship and Sex Education within our wider provision for RSE across our school.

Journey in Love has been written by Sr Jude Groden and is fully endorsed as an appropriate resource for SRE provision by the Bishop of Shrewsbury. In each unit, children explore the physical, social, emotional, intellectual and spiritual aspects of each theme and within a wider provision of resources, support our delivery of a broad, inclusive and age appropriate SRE curriculum that is fully compliant with DfE and CES guidance.

The teachers use Journey in Love as the foundation resource and follows the teaching guidance set out in the programme. The resources that we have selected from other publications, compliment these learning themes further and are to be used as part of our wider delivery model including P4C, story time, English, class and group discussions, the arts, and other curriculum and non-curriculum areas.

When delivering our school model, the core religious beliefs of our Catholic school remain a protected characteristic of our delivery, as our agreed general principles, set by the Catholic Church, are shared with pastoral application. This strong delivery model will ensure that our protective characteristics as a Catholic school will be maintained whilst we empower our children in developing an informed conscience to facilitate discernment as they grow in God’s love.

Whilst we value **Journey in Love** as a superb resource, there are a number of caveats that we at St Mary’s have identified, that we accommodate in our wider delivery of SRE. These are:

- 1. That there is a hierarchical system in place in Catholic teaching regarding the different voices of the wider Catholic Church e.g. a comment given by Pope Francis to a journalist, does not hold the same value in the magisterium of the Church as a papal encyclical.*
- 2. The timings of the introduction of key vocabulary in Journey in Love has been amended to match the wider curriculum delivery of our school and the age appropriate needs for our children.*
- 3. The scheme Journey in Love does not illustrate the complete picture of our teaching in RSE. Instead, our RSE provision extends into every dimension of our school ethos and is enriched through teaching and learning opportunities in others areas of school life, including English, RE, P4C, Science and Collective Worship.*

# EYFS

Theme	<b>We are all unique and special – God Loves each of us in our uniqueness</b>		
Key Learning Objective JIL	<b>Children know &amp; understand that God has made them unique &amp; that although we are all different we are all special to Him</b>		
Overview  <b>To explore the wonder of being special and unique</b>	<b>Social and Emotional focus</b>	<b>Physical focus</b>	<b>Spiritual focus</b>
	<i>To recognise the joy of being a special person in my family</i>	<i>To recognise that we all different and unique.</i>	<i>To celebrate the joy of being a special person in God's family</i>
<p><b><u>Enrichment Reading:</u></b></p> <p><b>Reading Book:</b> You Choose <b>Learning Intention:</b> to say what I think</p> <p><b>Reading Book:</b> Red Rocket &amp; Rainbow Jelly <b>Learning Intention:</b> to understand that it's ok to like different things</p> <p><b>Reading Book:</b> Blue Chameleon <b>Learning Intention:</b> to make friends with someone different</p> <p><b>Reading Book:</b> The Family Book <b>Learning Intention:</b> to understand that all families are different</p> <p><b>Reading Book:</b> Momma, Mama and Me <b>Learning Intention:</b> to celebrate families</p>		<p><b><u>EYFS Key vocabulary:</u></b></p> <p><i>God, wonder, love, hands, fingers, nails, faces, nose, lips, ears, hair, features, colour, shape, size, unique, belonging, different, special, womb, describe, friends, generous, worried, baptism,</i></p>	

# YEAR 1

<b>Theme</b>	<b>We meet God's love in our family</b>		
<b>Key Learning Objective JIL</b>	<p style="color: red;"><b>Children know and understand that they are growing and developing as members of their own family and God's family</b></p> <ul style="list-style-type: none"> <li>• Differences in babies and how they change</li> <li>• Who is in my family?</li> <li>• How to help at home</li> <li>• Growing up in a family</li> <li>• Being a member of God's family</li> </ul>		
<b>Overview</b>	<b>Social and Emotional focus</b>	<b>Physical focus</b>	<b>Spiritual focus</b>
<b>To focus on families and the importance of growing up in a loving, secure and stable home</b>	<i>To recognise signs that I am loved in my family.</i>	<i>To recognise how I am cared for and kept safe in my family.</i>	<i>To celebrate ways that God loves and cares for me.</i>
<p><b><u>Enrichment Reading:</u></b></p> <p><b>Reading Book:</b> Elmer <b>Learning Intention:</b> to like the way I am</p> <p><b>Reading Book:</b> Ten Little Pirates <b>Learning Intention:</b> play with boys &amp; girls</p> <p><b>Reading Book:</b> My Grandpa is Amazing <b>Learning Intention:</b> to recognise and value people of different ages</p> <p><b>Reading Book:</b> Max the Champion <b>Learning Intention:</b> to understand that our bodies work in different ways</p> <p><b>Reading Book:</b> My World, Your World <b>Learning Intention:</b> to understand that we share the world with different people</p>		<p><b><u>Year 1 Key vocabulary:</u></b> <i>Unique, friend, respect, secure, God, love, care, commitment, stable, important, different, special, signs, healthy, safe, boundaries, kindness, teasing, bullying, positive, negative, wrong, unacceptable, truth, lies, head, eyes, nose, mouth, teeth, tongue, throat, neck, shoulders, arms, , waist, elbows, bottom, legs, knees, ankles, feet, toes.</i></p> <p><b><u>Not specifically taught, but explained in response to children's questioning:</u></b> <i>breasts, nipple, penis, vagina, anus,</i></p>	

## YEAR 2

<b>Theme</b>	<b>We meet God's love in our community</b>		
<b>Key Learning Objective JIL</b>	<p><b>Children know and understand that they are growing within a God created community</b></p> <ul style="list-style-type: none"> <li>• Understand the meaning of community (family, school, parish)</li> <li>• Discuss the signs of belonging</li> <li>• Reflect on the different contributions to their communities</li> <li>• Reflect on how to help those who feel lonely and not part of a community.</li> </ul>		
<b>Overview</b>	<b>Social and Emotional focus</b>	<b>Physical focus</b>	<b>Spiritual focus</b>
<b>To describe understand how we are growing and developing in diverse God-given communities.</b>	<i>To recognise the joy and friendship of belonging to a diverse community.</i>	<i>To describe ways of being safe in communities</i>	<i>To celebrate ways of meeting God in our communities</i>
<p><b><u>Enrichment Reading:</u></b></p> <p><b>Reading Book:</b> The Great Big Book of Families <b>Learning Intention:</b> to understand what diversity is</p> <p><b>Reading Book:</b> The First Slodge <b>Learning Intention:</b> to understand how we share the world</p> <p><b>Reading Book:</b> The Odd Egg <b>Learning Intention:</b> to understand what might make someone proud</p> <p><b>Reading Book:</b> Just Because <b>Learning Intention:</b> to feel proud of being different</p> <p><b>Reading Book:</b> Blown Away <b>Learning Intention:</b> to be able to work with everyone in my class</p>		<p><b><u>Year 2 Key vocabulary:</u></b> <i>community, local, global, impact, responsibility, harm, improve, God-given, belonging, family, diverse, father, mother, carer, guardian, feelings, recognise, emotions, friendships, relationships, secrets, stereotypes, respect, equal,</i></p> <p><b><u>Not specifically taught, but explained in response to children's questioning:</u></b> <i>breasts, nipple, penis, vagina, anus,</i></p>	

## YEAR 3

<b>Theme</b>	<b>We live and grow in God's love</b>
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<b>Key Learning Objective JIL</b>	<p style="color: red;"><b>Children know and understand the virtues of essential friendship e.g. loyalty, responsibility etc and experience the importance of both forgiving others and being forgiven and of celebrating God's forgiveness</b></p> <ul style="list-style-type: none"> <li>• <i>Understand the importance of respecting others, even when they are very different from them (for example, physically, in character, personality or backgrounds), or make different choices or have different preferences or beliefs.</i></li> <li>• <i>Know about the conventions of courtesy and manners.</i></li> <li>• <i>Know how important friendships are in making us feel happy and secure, and how people choose and make friends.</i></li> <li>• <i>Understand the characteristics of friendships, including mutual respect, truthfulness, trustworthiness, loyalty, kindness, generosity, trust, sharing interests and experiences and support with problems and difficulties.</i></li> <li>• <i>Be aware that healthy friendships are positive and welcoming towards others, and do not make others feel lonely or excluded.</i></li> </ul>
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Overview	Social and Emotional focus	Physical focus	Spiritual focus
<b>To describe and give reasons for how we grow in love in caring and happy friendships where we are secure and safe.</b>	<i>To describe and give reasons how friendships make us feel happy and safe</i>	<i>To describe and give reasons why friendships can break down, how they can be repaired and also strengthened.</i>	<i>To celebrate the joy and happiness of living in friendship with God and others</i>

<p><b><u>Enrichment Reading:</u></b></p> <p><b>Reading Book:</b> Oliver <b>Learning Intention:</b> to understand how difference can affect someone</p> <p><b>Reading Book:</b> This is Our House <b>Learning Intention:</b> to understand what discrimination means</p> <p><b>Reading Book:</b> Two Monsters <b>Learning Intention:</b> to find a solution to a problem</p> <p><b>Reading Book:</b> Huey and The New Jumper <b>Learning Intention:</b> to help someone who feels different</p> <p><b>Reading Book:</b> Beegu <b>Learning Intention:</b> to be welcoming</p>	<p><b><u>Year 3 Key vocabulary:</u></b></p> <p><i>All of the previous year group vocabulary lists, plus:</i></p> <p><i>community, God-given, belonging, family, diverse, father, mother, carer, guardian, feelings, emotions, friends, loyalty, kindness, trust, selfless, generous, reasons, difficulties, positive, respectful, breasts, nipple, penis, vagina, anus,</i></p>
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## YEAR 4

<b>Theme</b>	<b>God loves us in our similarities and in our differences</b>		
<b>Key Learning Objective JIL</b>	<p style="color: red;"><b>Children know and understand that they are all different and we celebrate these differences as we appreciate that God's love accepts us as we are and as we change</b></p> <ul style="list-style-type: none"> <li>• <i>Develop self esteem and confidence demonstrating self respect and empathy for others</i></li> <li>• <i>Cultivating humiltity, mercy and compassion, learning to forgive and be forgiven</i></li> <li>• <i>Managing conflict positively, recognising the value of difference</i></li> <li>• <i>Making sound judgments and good choices which have integrity and which are respectful of the individual's commitments</i></li> </ul>		
<b>Overview</b>	<b>Social and Emotional focus</b>	<b>Physical focus</b>	<b>Spiritual focus</b>
<b>To describe and give reasons for how we grow in love in caring and happy friendships where we are secure and safe.</b>	<i>To describe and give reasons how friendships make us feel happy and safe</i>	<i>To describe and give reasons why friendships can break down, how they can be repaired and also strengthened.</i>	<i>To celebrate the joy and happiness of living in friendship with God and others</i>
<b><u>Enrichment Reading:</u></b>		<b><u>Year 4 Key vocabulary:</u></b>	
<p>Reading Book: Dogs Don't Do Ballet Learning Intention: to know when to be assertive</p> <p>Reading Book: King &amp; King Learning Intention: to understand why some people choose to get married</p> <p>Reading Book: The Way Back Home Learning Intention: to overcome language as a barrier</p> <p>Reading Book: The Flower Learning Intention: to ask questions</p> <p>Reading Book: Red – A Crayon's Story Learning Intention: to be who you want to be</p>		<p><i>All of the previous year group vocabulary lists, plus:</i></p> <p><i>God, gifts, talents, differences, development, change, stereotype, acceptance, cultural, biological, respect, courtesy, manners, sensitivity, religious, belief, bullying, polite, uniqueness, innate, beauty, dignity,</i></p>	

## YEAR 5

<b>Theme</b>	<b><i>God loves me in my changing development</i></b>
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<b>Key Learning Objective JIL</b>	<p style="color: red;">Children know and become aware of the physical and emotional changes that accompany puberty –physical and emotional, and that they grow further in their understanding of God’s presence in their daily lives.</p> <ul style="list-style-type: none"> <li style="color: red;">• Identify and celebrate ways I have changed since birth</li> <li style="color: red;">• Discuss internal and external changes of puberty</li> <li style="color: red;">• Recognise and understand puberty as a natural part of growth</li> <li style="color: red;">• Recognise behaviour changes as we grow</li> <li style="color: red;">• Reflect on ways to become more sensitive to the needs of others</li> <li style="color: red;">• Share with each other the wonder of change</li> </ul>
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<p><b>Overview</b>  <b style="color: red;">Children know and become aware of the physical and emotional changes that accompany puberty – sensitivity, mood swings, anger, boredom etc.. and grow further in their understanding of God’s presence in their daily lives.</b></p>	<p><b>Social and Emotional focus</b></p> <p><i>To show knowledge and understanding of emotional relationship as we grow and develop</i></p>	<p><b>Physical focus</b></p> <p><i>To have knowledge and understanding of the physical changes in puberty</i></p>	<p><b>Spiritual focus</b></p> <p><i>To celebrate the joy of growing physically and spiritually</i></p>
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<p><b><u>Enrichment Reading:</u></b></p> <p>Reading Book: Where the Poppies Grow          Learning Intention: to learn from our past</p> <p>Reading Book: Rose Blanche          Learning Intention: to learn from our mistakes</p> <p>Reading Book: How to Heal A Broken Wing          Learning Intention: to find a solution to a problem</p> <p>Reading Book: The artist who painted a blue horse          Learning Intention: to appreciate artistic freedom</p> <p>Reading Book: And Tango Makes Three          Learning Intention: to accept people who are different</p>	<p><b><u>Year 5 Key vocabulary:</u></b></p> <p><i>All of the previous year group vocabulary lists, plus:</i></p> <p><i>God, sensitivity, puberty, presence, celebrate, external, internal, change, develop, ovulation, biological, respect, breasts, nipple, penis, vagina, anus, reproduction, menstrual cycle, hormones, pituitary glands, uterus, fertilised ovum, fallopian tubes, vagina, vulva, cervix, womb, period, ,</i></p>
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## YEAR 6

<b>Theme</b>	<b><i>The wonder of God's love creates new life</i></b>		
<b>Key Learning Objective JIL</b>	<p style="color: red;">Children develop in an age appropriate way and understanding of sexuality and they grow further in their appreciation of their dignity and worth as children of God.</p> <ul style="list-style-type: none"> <li>The Church teaches that babies should be conceived as the fruit of a loving, married relationship.</li> <li>Explain how human life is conceived</li> <li>Label the organs of the human body including the reproductive organs</li> <li>Understand how a child grows within the mother's womb</li> <li>Recognise and understand different expressions of love</li> <li>Reflect on different degrees of friendships and relationship</li> <li>Celebrate that God creates life through love</li> </ul>		
<b>Overview</b>	<b>Social and Emotional focus</b>	<b>Physical focus</b>	<b>Spiritual focus</b>
<b>Children develop in an appropriate way for their age and understanding of sexuality and grow further in their appreciation of their dignity and worth as children of God.</b>	<i>To develop a secure understanding that stable and caring relationships, which may be of different types, are at the heart of happy families</i>	<i>To explain how human life is conceived</i>	<i>To understand how being made in the image and likeness of God informs decisions and actions when building relationships with others, including life-long relationships</i>
<p><b><u>Enrichment Reading:</u></b></p> <p>Reading Book: My Princess Boy Learning Intention: to promote diversity</p> <p>Reading Book: The Whisperer Learning Intention: to stand up against discrimination</p> <p>Reading Book: The Island Learning Intention: to challenge causes of racism</p> <p>Reading Book: Love you forever Learning Intention: to consider how my life may change as I grow up</p> <p>Reading Book: Dreams of Freedom Learning Intention: to recognise my own freedom</p>		<p><b><u>Year 6 Key Vocabulary:</u></b></p> <p>All previous year group vocabulary lists, plus,</p> <p><i>God, Christian, appropriate, dignity, sexual intercourse, fallopian, conceive, relationship, uterus, cervix, fiancé,</i></p>	