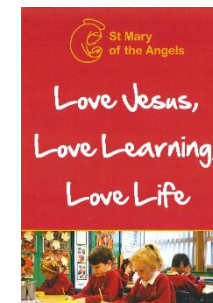


# PSHE and RSE Curriculum Map

St Mary of the Angels Catholic Primary School

2024-2025



**Evidence Sources:** *Class PSHE Journals, My Happy Mind Journals, Catholic Life Journals, RSE files, RE Subject Leader Files, Learning Mentor Records, British Values Evidence File, Learning About Other Faiths and Cultures Files, Science books, I am Special Books, Forest School Evidence Book, Forest School Blog, Website, cultural Capital Register, Curriculum Enrichment Tracker, Mental Health and Wellbeing Folder,*

## WHOLE SCHOOL – in addition to My Happy Mind

Health and Well-being			Relationships			Living in the Wider World		
Healthy Lifestyles	Growing and Changing	Keeping Safe	Feelings and Emotions	Healthy Relationships	Valuing Difference	Rights and Responsibilities	Taking Care of the Environment	Money
<ul style="list-style-type: none"> <li>Working with Kitchen team – food technology</li> <li>National Breakfast Programme</li> <li>Subsidised sports clubs</li> <li>Free Bagel and Porridge bar</li> <li>Cheshire Phoenix partnerships</li> <li>Drug Awareness lessons</li> <li></li> </ul>	<ul style="list-style-type: none"> <li>Science Topics</li> <li>I Am Special topics – hygiene, body care plans, diet, etc</li> <li></li> </ul>	<ul style="list-style-type: none"> <li>NSPCC Pants workshops</li> <li>Road Safety Officers initiatives</li> <li>PCSO visits and talks</li> <li>Annual Fire Brigade Visits</li> <li>Trainline Safety Talks biannually</li> <li>Water Safety</li> <li>Staff Training – KCSIe, and integration into curriculum delivery, e.g. sexual abuse review findings etc.</li> <li>Design road safety posters</li> </ul>	<ul style="list-style-type: none"> <li>Forest School</li> <li>DoJo System</li> <li>Play Leaders</li> <li>ELSA</li> <li>Learning Men</li> <li>TA roles</li> <li>Mental Health Days &amp; Initiatives</li> <li>Text – How to you feel by Anthony Brown</li> <li>Todd Parr – It’s OK to Make Mistakes</li> </ul>	<ul style="list-style-type: none"> <li>AMASING singing</li> <li>Ethos &amp; Identity</li> <li>Vision &amp; Values</li> <li>School Mission Statement</li> <li>Forest School</li> <li></li> </ul>	<ul style="list-style-type: none"> <li>Themed lunch days – food around the world</li> <li>Learning about other faiths</li> <li>Prayer around the world trail</li> <li>Remembrance Day service</li> <li>British Values</li> <li>Sensory Room</li> <li>Working with visitors – Dementia Awareness etc</li> </ul>	<ul style="list-style-type: none"> <li>CAFOD fundraising</li> <li>Shoebox Appeal</li> <li>Catholic Social Teaching – gospel assemblies</li> <li>Macmillian Coffee Mornings</li> <li>Remembrance Day Services</li> <li>Pupil voice groups – School Council, JRSOs, Mini-Vonnies etc</li> <li>Catholic Journals</li> </ul>	<ul style="list-style-type: none"> <li>Visits to local farm</li> <li>Visits to Rivacre Valley</li> <li>Visits to Chester Zoo</li> <li>Eco-warriors</li> <li>Tree Planting</li> <li>Forest School</li> <li>Writing projects Wonder Garden</li> <li>Working with RSPB</li> </ul>	<ul style="list-style-type: none"> <li>Pupil led Food and Craft Fair</li> <li>Virgin Money Matters</li> <li>Barclays Money lessons</li> <li>Fundraising – pupil voice – “what can we buy with ££” etc</li> </ul>

YEAR ONE								
Health and Well-being			Relationships			Living in the Wider World		
Healthy Lifestyles	Growing and Changing	Keeping Safe	Feelings and Emotions	Healthy Relationships	Valuing Difference	Rights and Responsibilities	Taking Care of the Environment	Money
<ul style="list-style-type: none"> <li>• Summer topic well-being in our world and ourselves.</li> <li>• Rugby Tots</li> <li>• SY4C Sports Coach</li> <li>• Whiffy Wilson text to explore personal care</li> <li>• Fruit kebabs in Wonderful Weather topic</li> <li>•</li> </ul>	<ul style="list-style-type: none"> <li>• Science Lessons on animals and their families</li> <li>• Thinking Books – My Grandpa is Amazing</li> <li>• Planting in summer term</li> <li>• Human life cycle</li> </ul>	<ul style="list-style-type: none"> <li>• Computing Lessons on online safety</li> <li>• First time going on school trips – introducing strange danger</li> <li>• NSPCC Pants rule</li> <li>• Crossing roads on Forest School trip</li> <li>• Fire lighting in Forest School</li> <li>• Bonfire Night in PSHE lesson</li> </ul>	<ul style="list-style-type: none"> <li>• ELSA</li> <li>• Sensory Room time</li> <li>• Journey in Love</li> <li>• Colour Monster text to explore emotions</li> <li>• Regulation Station</li> <li>• Zones of Regulation</li> </ul>	<ul style="list-style-type: none"> <li>• R.E Lessons – my family/my community</li> <li>• End of day books with family focuses</li> <li>• Lost and Found Topic</li> <li>• Journey in Love</li> <li>• Thinking Books</li> <li>• RE topic - Families and Celebrations</li> </ul>	<ul style="list-style-type: none"> <li>• Anti-Bullying Week</li> <li>• Comparing England to Africa Topic</li> <li>• Thinking Books- Max the Champion</li> <li>• Thinking Book – Elmer and Ten Little Pirates</li> <li>• Todd Parr book – It's OK to be different</li> <li>• Spotlight Day on Hinduism</li> </ul>	<ul style="list-style-type: none"> <li>• Voting for books at the end of each day.</li> <li>• Class jobs</li> <li>• Class rules</li> <li>• Prayer leaders</li> <li>• Digital leaders to help with iPads</li> </ul>	<ul style="list-style-type: none"> <li>• Tidying up and respecting our environment</li> <li>• Local area walk</li> <li>• Recycling posters</li> <li>• Junk modelling</li> <li>• Eco-warriors</li> <li>• School council litter picks</li> </ul>	<ul style="list-style-type: none"> <li>• Recognising coins</li> <li>• Recognising notes</li> <li>• Shop Role Play</li> <li>• Bakery Role Play</li> <li>• School Council toy sale</li> <li>• Raising money for charity</li> </ul>

YEAR TWO								
Health and Well-being			Relationships			Living in the Wider World		
Healthy Lifestyles	Growing and Changing	Keeping Safe	Feelings and Emotions	Healthy Relationships	Valuing Difference	Rights and Responsibilities	Taking Care of the Environment	Money
<ul style="list-style-type: none"> <li>• Healthy living, food and exercise-science</li> <li>• Healthy body-teeth</li> <li>• Forest schools</li> <li>• Sports coach</li> <li>• Rugby Tots</li> </ul>	<ul style="list-style-type: none"> <li>• Life cycles-science</li> <li>• Hatching - butterflies</li> <li>• Planting flowers and vegetables</li> </ul>	<ul style="list-style-type: none"> <li>• E-safety week</li> <li>• Road safety</li> <li>• British Rail transport talk</li> <li>• Water safety talk</li> <li>• Firework and Bonfire safety</li> <li>• NSPCC-Pants rule</li> <li>• School trips-talks and discussions before leaving school site</li> </ul>	<ul style="list-style-type: none"> <li>• Journey in love</li> <li>• ELISA mental health - class discussions/activities</li> <li>• How do you feel? Interactive wall in classroom</li> <li>• RE lessons</li> <li>• Wellbeing day Thinking Books-ongoing</li> </ul>	<ul style="list-style-type: none"> <li>• Thinking Books</li> <li>• Magic reading time</li> <li>• Assemblies</li> <li>• Journey in Love-community</li> <li>• Links with Naylor Court</li> </ul>	<ul style="list-style-type: none"> <li>• Anti-bullying week</li> <li>• RE-other religions and faiths</li> <li>• British values Day</li> <li>• Assemblies</li> </ul>	<ul style="list-style-type: none"> <li>• Class rules</li> <li>• School Mission Statement</li> <li>• Class jobs</li> <li>• Prayer leaders</li> <li>• British values</li> <li>• School council</li> <li>• Mini-Vinnies</li> <li>• Eco-warriors</li> </ul>	<ul style="list-style-type: none"> <li>• Planting sunflowers</li> <li>• Thinking Books</li> <li>• RE-Laudato Si</li> <li>• Eco warriors <ul style="list-style-type: none"> <li>• Visit to local farm</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>• CAFOD work</li> <li>• School fundraising events</li> <li>• Maths-money</li> </ul>

YEAR THREE								
Health and Well-being			Relationships			Living in the Wider World		
Healthy Lifestyles	Growing and Changing	Keeping Safe	Feelings and Emotions	Healthy Relationships	Valuing Difference	Rights and Responsibilities	Taking Care of the Environment	Money
<ul style="list-style-type: none"> <li>• Science – animals including humans</li> <li>• Science – healthy eating</li> <li>• Science – food groups</li> <li>• Forest Schools</li> <li>• S4YC Coaches</li> <li>• Food Technology</li> <li>• Swimming Lessons</li> </ul>	<ul style="list-style-type: none"> <li>• Science – animals including humans</li> <li>• Science – plants</li> </ul>	<ul style="list-style-type: none"> <li>• E-Safety</li> <li>• Road Safety</li> <li>• Rail Safety Assemblies</li> <li>• Science investigations</li> <li>• Water safety at swimming lessons</li> </ul>	<ul style="list-style-type: none"> <li>• ELSA ongoing provision</li> <li>• Journey in love</li> <li>• Forest School</li> <li>• Screen Free Days</li> <li>• Children’s Mental Health Week</li> <li>• Sensory Room</li> </ul>	<ul style="list-style-type: none"> <li>• Journey in Love</li> <li>• P4C Sessions</li> <li>• No Outsiders</li> </ul>	<ul style="list-style-type: none"> <li>• Multi Faith Day</li> <li>• British Values Day</li> <li>• Spanish lessons</li> <li>• Anti-bullying</li> <li>• P4C Sessions</li> </ul>	<ul style="list-style-type: none"> <li>• Class Jobs</li> <li>• School Council</li> <li>• Eco Leaders</li> <li>• Mini Vinnies</li> <li>• British Values Day</li> <li>• NSPCC Pants</li> </ul>	<ul style="list-style-type: none"> <li>• CAFOD Themed Days</li> <li>• Forest School</li> <li>• Science – Plants</li> <li>• Literacy Story Link – Big Blue Whale</li> </ul>	<ul style="list-style-type: none"> <li>• Maths Unit</li> <li>• School Fundraising</li> </ul>

YEAR FOUR								
Health and Well-being			Relationships			Living in the Wider World		
Healthy Lifestyles	Growing and Changing	Keeping Safe	Feelings and Emotions	Healthy Relationships	Valuing Difference	Rights and Responsibilities	Taking Care of the Environment	Money
<ul style="list-style-type: none"> <li>• Food Technology</li> <li>• Chester FC Coaching</li> <li>• SY4C</li> <li>• Forest School</li> <li>• Dentist visit</li> <li>• Dietician Visit</li> <li>• Science –human nutrition</li> </ul>	<ul style="list-style-type: none"> <li>• Thinking Books – Red: A Crayon’s Story</li> <li>• Science lessons</li> </ul>	<ul style="list-style-type: none"> <li>• British Transport workshop</li> <li>• PCSO workshops</li> <li>• Computing and E-Safety week</li> <li>• Science investigations</li> </ul>	<ul style="list-style-type: none"> <li>• Journey in Love</li> <li>• ELSA Mental Health</li> <li>• Sensory circuits</li> <li>• Literacy – Gorilla (Hannah’s feelings)</li> </ul>	<ul style="list-style-type: none"> <li>• Journey in Love – PSHE</li> <li>• P4C sessions</li> <li>• Thinking Books</li> <li>• Class text at end of day (Matilda)</li> </ul>	<ul style="list-style-type: none"> <li>• Thinking Books</li> <li>• Anti-Bullying week</li> <li>• Topic – Europe</li> <li>• RE – Other faiths</li> <li>• Spanish lessons</li> <li>• Skype call with school in Dubai</li> </ul>	<ul style="list-style-type: none"> <li>• School council</li> <li>• Thinking Books</li> <li>• Class Jobs</li> </ul>	<ul style="list-style-type: none"> <li>• Literacy units</li> <li>• Science- dangers to living things</li> <li>• CAFOD</li> <li>• Forest school</li> </ul>	<ul style="list-style-type: none"> <li>• Money sense lessons</li> <li>• Maths links</li> <li>• School fundraising events</li> </ul>

## YEAR FIVE

Health and Well-being			Relationships			Living in the Wider World		
Healthy Lifestyles	Growing and Changing	Keeping Safe	Feelings and Emotions	Healthy Relationships	Valuing Difference	Rights and Responsibilities	Taking Care of the Environment	Money
<ul style="list-style-type: none"> <li>• Food Technology</li> <li>• Chester FC Coaching</li> <li>• SY4C</li> <li>• Yoga morning challenges Forest School</li> </ul>	<ul style="list-style-type: none"> <li>• Thinking Books – Love You Forever</li> <li>• Science – life cycles</li> <li>• Raising Aspirations</li> <li>• PSHE – God Loves Me in My Changing Development</li> </ul>	<ul style="list-style-type: none"> <li>• Danger around waterways</li> <li>• PSCO visits</li> <li>• British Transport workshop</li> <li>• Computing and E-Safety</li> <li>• Science investigations</li> <li>• URENCO science visit</li> <li>• Bikeability programme</li> </ul>	<ul style="list-style-type: none"> <li>• ½ day ELSA sessions</li> <li>• Sensory room time</li> <li>• RE – Journey in Love</li> <li>• Transition Days</li> <li>• Forest School - Team building</li> <li>• Science – Human life cycles</li> <li>• English – Lost happy Endings</li> </ul>	<ul style="list-style-type: none"> <li>• Journey in Love – PSHE</li> <li>• P4C sessions</li> <li>• Morning challenge THUNKS</li> <li>• Thinking Books</li> </ul>	<ul style="list-style-type: none"> <li>• Thinking Books</li> <li>• Anti-Bullying week</li> <li>• Topic – North America</li> <li>• RE – Other faiths</li> </ul>	<ul style="list-style-type: none"> <li>• School council</li> <li>• Democracy Day</li> <li>• Thinking Books Class Jobs</li> </ul>	<ul style="list-style-type: none"> <li>• Topic – North America</li> <li>• Topic – Ellesmere Port</li> <li>• Visit to the Boat Museum</li> <li>• Forest School</li> <li>• Pathways – The Hunter</li> </ul>	<ul style="list-style-type: none"> <li>• Raising Aspirations Project</li> <li>• URENCO visit</li> <li>• Maths projects</li> </ul>

## YEAR SIX

Health and Well-being			Relationships			Living in the Wider World		
Healthy Lifestyles	Growing and Changing	Keeping Safe	Feelings and Emotions	Healthy Relationships	Valuing Difference	Rights and Responsibilities	Taking Care of the Environment	Money
<ul style="list-style-type: none"> <li>• Food Technology</li> <li>• Cookery activities: protein bars, coleslaws,</li> <li>• Hoops 4 Health Prog</li> <li>• Chester FC Coaching</li> <li>• Drug Awareness lessons</li> <li>• Forest School</li> <li>• Science – Healthy Body, Healthy Mind lessons</li> <li>• Hoops for Health Programme</li> </ul>	<ul style="list-style-type: none"> <li>• Puberty lessons – see pupil books</li> <li>• I Am Special, I Am Me</li> <li>• Thinking Books</li> <li>• Chester University Visit</li> <li>• Primary College Visits</li> <li>• Science Lessons – changes</li> <li>• Transition Activities with EPCHS</li> </ul>	<ul style="list-style-type: none"> <li>• Danger Point Visit</li> <li>• St John’s First Aid</li> <li>• E-Safety Week</li> <li>• PCSO workshops</li> <li>• NSPCC Assemblies</li> <li>• British Transport Police</li> <li>• Network Rail Assemblies</li> <li>• PCSO visits, e.g fireworks</li> <li>• Hoops for Health programme</li> <li>• Science – Electricity unit</li> <li>• Bikeability programme</li> <li>• P4C – Social Media sessions</li> <li>• Chemistry with Cabbage Workshops</li> </ul>	<ul style="list-style-type: none"> <li>• I Am Special, I Am Me</li> <li>• Alzheimer Society Visit</li> <li>• Journey in Love</li> <li>• ELSA and Mental Health</li> <li>• Sensory Room</li> <li>• Sensory Circuits</li> <li>• ELSA Programme bespoke to need + whole class sessions</li> <li>• Visit days to EPCHS</li> <li>• Building Bridges days</li> <li>• Extensive transition programme with enhanced provision</li> <li>• Themed Days, e.g. Snowman Kindness Day</li> </ul>	<ul style="list-style-type: none"> <li>• I Am Special, I Am Me</li> <li>• Journey in Love</li> <li>• P4C sessions</li> <li>• Assemblies</li> <li>• Play Leader Responsibilities</li> <li>• Class story - Rooftoppers</li> </ul>	<ul style="list-style-type: none"> <li>• Thinking Books</li> <li>• Hairy Lemons</li> <li>• Anti-bullying Week</li> <li>• P4C sessions</li> <li>• Rhino painting project</li> <li>• Thinking Books</li> <li>• Themed learning weeks</li> <li>• Literacy resourcing</li> <li>• Alzheimer’s Workshop</li> <li>• Links with Naylor Court pen friends.</li> <li>• Topics – The Mayans, South American Culture, etc</li> <li>• Spanish Lessons – learning about Spanish culture</li> <li>• Resources – skin tone coloured pencils, etc</li> <li>• Learning about Other Faiths – RE and themed projects</li> </ul>	<ul style="list-style-type: none"> <li>• Thinking Books</li> <li>• RE lessons – Justice Unit</li> <li>• Pathways – Star of Fear, Star of Hope, Selfish Giant,</li> <li>• Play Leaders</li> <li>• School Council</li> <li>• NSPCC PANTS lessons</li> <li>• Thinking Books lessons</li> <li>• Forest School - transition sessions for KS3</li> <li>• Class jobs – registers, dinner monitor etc, Classroom Tidy Rules and self-checked daily</li> </ul>	<ul style="list-style-type: none"> <li>• RE – Laudato Si</li> <li>• Thinking Books</li> <li>• CAFOD work and projects</li> <li>• Pathways – Can We Save the Tiger?</li> <li>• Forest School</li> <li>• Tree Planting Project</li> <li>• Local walks to Rivacre</li> <li>• Assemblies – Word of the Week</li> </ul>	<ul style="list-style-type: none"> <li>• Virgin Money Matters</li> <li>• Business Enterprise</li> <li>• Maths links – planning own meals, bridge building costings, maths money games, etc</li> <li>• University Visits</li> <li>• Dangerpoint visit</li> </ul>

Young Carers Wellbeing Training Programme – April/May

## Protected Characteristics Reading Materials

In addition to our PSHE curriculum mapping, we have a Reading Spine of beautiful books that are read in each class. These promote the delivery of PSHE objectives and support our embedding of teaching about protected characteristics.

## My Happy Mind

We also follow the My Happy Mind programme throughout school in every class. This includes whole school assemblies, weekly lessons, after school clubs and home/school links and activities.



Reception					
<b>Learning Intention</b>	To say what I think.	To understand that it's OK to like different things.	To make friends with someone different.	To understand that all families are different.	To celebrate my family.
Year 1					
<b>Learning Intention</b>	To like the way I am.	To play with boys and girls.	To recognise that people are different ages.	To understand our bodies work in different ways.	To understand that we share the world with lots of people.
Year 2					
<b>Learning Intention</b>	To understand what diversity is.	To understand how we share the world.	To understand what makes someone feel proud.	To feel proud of being different.	To be able to work with everyone in my class.
Year 3					
<b>Learning Intention</b>	To understand how difference can affect someone.	To understand what 'discrimination' means.	To find a solution to a problem.	Use strategies to help someone who feels different.	To be welcoming.
Year 4					
<b>Learning Intention</b>	To know when to be assertive.	To understand why people choose to get married.	To overcome language as a barrier.	To ask questions.	To be who you want to be.
Year 5					
<b>Learning Intention</b>	To learn from our past.	To justify my actions.	To recognise when someone needs help.	To appreciate artistic freedom.	To accept people who are different from me.
Year 6					
<b>Learning Intention</b>	To promote diversity.	To stand up to discrimination	To challenge causes of racism.	To consider how my life may change as I grow up.	To recognise my freedom.