







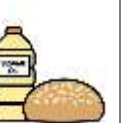
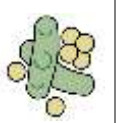







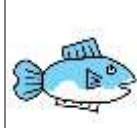







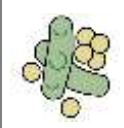

DISHES AND THEIR ALLERGEN CONTENT – St Mary of the Angels Primary School – Week 3 (gluten free options available)

| DISHES |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|----------------------|-----------------------------------------------------------------------------------|-----------------------------------------------------------------------------------|-----------------------------------------------------------------------------------|-----------------------------------------------------------------------------------|-----------------------------------------------------------------------------------|------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|
| | Celery | Cereals containing gluten | Crustacean | Eggs | Fish | Lupin | Milk | Mollusc | Mustard | Nuts | Peanuts | Sesame seeds | Soya | Sulphur Dioxide |
| Chicken Curry | | √ | | | | | √ | | √ | | | | | |
| Quorn Curry | | | | √ | | | √ | | √ | | | | √ | |
| Beef Burger | | √ | | | | | | | √ | | | | √ | √ |
| Veggie Burger | | √ | | | | | | | √ | | | | | |
| Roast Gammon dinner | | √ | | | | | | | | | | | | |
| Quorn Roast Dinner | | √ | | | | | | | | | | | | |
| Tomato & Basil Pasta | | √ | | | | | | | | | | | | |
| Ham & Cheese Panini | | √ | | | | | √ | | | | | | | |
| Fish & Chips | | √ | | | √ | | | | | | | | | |
| Jacket Potato | | | | | | | | | | | | | | |

Review date: 15/05/24

Reviewed by: Mrs H. Stott

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| DISHES |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|-------------------|-----------------------------------------------------------------------------------|-----------------------------------------------------------------------------------|-----------------------------------------------------------------------------------|-----------------------------------------------------------------------------------|-----------------------------------------------------------------------------------|------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|
| | Celery | Cereals containing gluten | Crustacean | Eggs | Fish | Lupin | Milk | Mollusc | Mustard | Nuts | Peanuts | Sesame seeds | Soya | Sulphur Dioxide |
| Chocolate Penny | | √ | | | | | | | | | | | | |
| Lemon Drizzle | | √ | | √ | | | √ | | | | | | | |
| Ice Cream | | | | | | | √ | | | | | | | |
| Chocolate Brownie | | √ | | | | | | | | | | | | |
| Carrot Cake | | √ | | √ | | | | | | | | | | |
| Fruit Pots | | | | | | | | | | | | | | |
| Cheese | | | | | | | √ | | | | | | | |
| Crackers | | √ | | | | | | | | | | | | |
| Yogurts | | | | | | | √ | | | | | | | |
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You can find this template, including more information at www.food.gov.uk/allergy

DISHES AND THEIR ALLERGEN CONTENT – St Mary of the Angels Primary School – Week 3 (gluten free options available)

| DISHES |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
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