

Week 3				
Monday	Tuesday	Wednesday	Thursday	Friday
<p>Homemade Chicken Curry</p> <p>Choose from fresh chicken pieces or Quorn pieces, cooked with onions in a mild spiced sauce served on a bed of rice and Naan bread</p>	<p>Burger Bar</p> <p>Choose from a homemade beef burger or a spice beanburger, served in a bun with dry roasted potato wedges.</p>	<p>Roast Gammon</p> <p>Choose from either a home roasted gammon joint or a Quorn fillet, served with roast potatoes and gravy</p>	<p>Tomato & Basil Pasta</p> <p>Pasta, smothered in a tomato and basil sauce</p> <p>Or</p> <p>Panini with Ham and Cheese</p>	<p>Fish & Chips</p> <p>Choose from either breaded cod fillet fingers or a salmon fillet baked in the oven and served with chips.</p>
<i>Served with</i>				
Sweetcorn	Green beans	Carrots /cabbage	Broccoli	Peas or baked beans
<i>Or Jacket potatoes</i> filled with a choice of fillings – Cheese, Tuna, Ham & baked beans (when available)				
<i>Or cold choice from the deli</i>				
Selection of breads and wraps, with a choice of ham, chicken, beef & tuna accompanied by a range of salad.				
<i>And for dessert</i>				
Chocolate Penny	Lemon Drizzle	Ice Cream	Chocolate brownie	Carrot Cake
Fresh fruit, fruit pots, yogurt, cheese& crackers are available every day as an alternative to the daily dessert.				
<i>And finally, a drink</i>				
A selection of the following drinks will be available daily – freshly made milkshakes, fruit juice (apple, orange or blackcurrant), or water				

