



**Cheshire College  
South & West**

**Supporting Parents/Carers and Staff at Cheshire Schools with  
FREE Certificated Level 2 Flexible Online Short Courses.**

This is an opportunity to learn new skills that will be of benefit to support your own personal and professional development. For information on your chosen course and application form, please email Julia Chiapparrone Cheshire Colleges Account Manager: [julia.chiapparrone@ccsw.ac.uk](mailto:julia.chiapparrone@ccsw.ac.uk)

**Understanding Behaviour that Challenges – 3 months.** This course covers techniques for dealing with challenging behaviour in the most appropriate way, why challenging behaviour may occur and the importance of effective communication and personal reflection following an episode of behaviour that challenges.

**Award in the Prevention & Control of Infection – 2 months** - This course focuses on understanding how to prevent and control the spread of infection to avoid individuals unknowingly causing their family, friends, colleagues and others surrounding them to become unwell.

**Certificate in Mental Health Awareness – 4 months** - This course looks at raising awareness of mental health. As UK employers, particularly within the health and social care sector, are increasingly interested in their staff having a clear understanding of mental health illnesses, this qualification aims to support this by covering the different types of mental health illnesses and how to effectively support individuals that are suffering from them.

**Nutrition and Health – 3 months** this course will increase the awareness and understanding in nutritional requirements and healthy eating, eating disorders and life choices, special dietary requirements and characteristics of an effective weight management programme. Units include: Understanding how diet is linked to health, Understand the principles of healthy food preparation, Understand the term “eating Disorder”.

**Principles of Business Administration – 3 months** This course covers the different principles of Business Administration and is great for people looking to start their career in business. You will learn about the different business administration skills that are all essential for the success of an organisation.

**Certificate in Principles of Team Leading – 3 months** This course is focused on the business and professional management sector. You will develop your knowledge on team leadership styles, the different roles and responsibilities of a team leader, planning and allocating work, setting targets and monitoring the work of a team.

**Engineering, Certificate in Lean Organisation Management Techniques – 3 months** This course looks at understanding lean organisation techniques and the skills required to work effectively in a team within the business sector. You will learn about the information required to use different lean organisation and business improvement techniques in business and how to work together as a team.

**Engineering, Industrial Environment Awareness (IEA) – 3 months** This course will underpin the knowledge and understanding requirements of health and safety, communication, working effectively, working relationships and rights and responsibilities in an industrial environment. It is designed for individuals who are working in, looking for work in or looking for career progression in an industrial environment but have no formal qualifications.