



St Mary of the Angels Catholic Primary School,  
 Rossall Grove, Little Sutton, Cheshire. CH66 1NN  
 Tel Karen: 0707835 638 250 (or) Cathy: 07969 781 890

<b><u>Infectious diseases of childhood</u></b>			
<b><u>Disease</u></b>	<b><u>Symptoms</u></b>	<b><u>Incubation in days</u></b>	<b><u>Infectious stage</u></b>
CHICKENPOX (Varicella) V	Small red spots which turn to blisters then scabs.	10-21 days	2 days before spots appear until 1 wk after.
RUBELLA * (German Measles) V	A mild disease with a red rash and usually swollen glands.	10-21 days	From onset to end of rash.
MEASLES * V	Fever, severe cold, cough. 4-5 days later a red rash appears on face and spreads to trunk and abdomen.	10-15 days	From onset of cold symptoms until 5 days after rash appears.
MUMPS * V	Painful swellings near the jaw on one or both sides.	12-28 days (usually about 18)	Until swelling goes down.
POLIO * (Poliomyelitis) V	Infection of the spinal cord causing fever which may result in paralysis.	3-21 days	From 2 days after infection to 6 wks after onset.
SCARLET FEVER B	Sore throat, fever, bright red rash (face and body) ("strawberry tongue")	2-4 days	Up to 2 wks after onset.
WHOOPING COUGH * (Pertussis) B	Long bouts of coughing which may end up in a "whoop" and vomiting	7-12 days	A few days before to 4wks after onset.
DIPHTHERIA * B	A white layer forms on the throat which may block the airway; it also produces a very powerful poison which damages the heart & brain	2-5 days	Usually for about 2 wks after onset.

**\* = IMMUNISATION AVAILABLE TO PROTECT AGAINST THESE DISEASES**

**B = BACTERIAL INFECTION**

**V = VIRAL INFECTION**