

# St Mary of the Angels Catholic Primary School



## P.E. & SPORT CURRICULUM STATEMENT

### Intent:

At St Mary of the Angels we aim to inspire all children to succeed and excel in a broad range of physical activities. We endeavour to help children to understand that PE and sport are an important part of a healthy, active lifestyle and to ensure they are physically active for sustained periods of time. All activities planned aim to develop the skills and control that the children need to take part in PE and sport, including competitive sport, and embed values such as fairness and respect.

### Implementation:

Opportunities are provided for children to take part in a range of competitive, creative and challenge-type activities, both as individuals and as part of a team or group, in this school and in a wide range of inter school competitions. We aim to embed core values such as fairness and respect and a love of PE and sport which they will maintain throughout their lives.

In Early Years (EYFS), PE is taught through dance, gymnastics and multi-skills with a focus on their physical development and their gross motor skills, in line with the EYFS curriculum.

In Key Stage 1, children build on and develop these fundamental movement skills with a focus on their agility, balance and co-ordination. The children are introduced to small-sided competitive and co-operative games.

In Key Stage 2, children continue to build on these skills and learn how to use them in isolation and with others. The core skills are developed and applied consistently across all four year groups in the following areas of PE: net/wall, striking/fielding, athletics, dance, gymnastics and invasion games. In Year 3, children partake in 12 weeks of swimming lessons, at the end of which we strive for children to be able to swim 25m.

There is a real sense of love for PE and sport throughout the school. Proof of how much our children enjoy PE and sport is reflected in the high demand for extra-curricular clubs and the large number and wide range of inter-school competitions we take part in. The School Sports Premium has provided opportunities for PE and sport to be enhanced and developed giving opportunities for all to experience high quality PE and sport. Our Forest School provision and school trips allow the children to experience outdoor adventurous activities and develop their orienteering skills.

### Impact:

By the end of KS2 children have built their skills in teamwork, paired work and individual performance at St Mary's.

They have experienced and participated in a wide range of sports and activities and have had the opportunity to attend a vast range of extra-curricular clubs and represent the school in a variety of festivals and competitions.