

Week 3				
Monday	Tuesday	Wednesday	Thursday	Friday
Homemade Chicken Curry Choose from fresh chicken pieces or Quorn pieces, cooked with onions in a mild spiced sauce served on a bed of rice and Naan bread	Burger Bar Choose from a homemade beef burger or a spice beanburger, served in a bun with dry roasted potato wedges.	Roast Gammon Choose from either a home roasted gammon joint or a Quorn fillet, served with roast potatoes and gravy	Meatballs Fresh minced pork seasoned with salt, pepper and garlic, served in a homemade tomato sauce, served with pasta. Quorn balls served as vegetarian option.	Fish & Chips Choose from either breaded cod fillet fingers or a salmon fillet baked in the oven and served with chips.
<i>Served with</i>				
Sweetcorn	Green beans	Carrots /cabbage	Broccoli	Peas or baked beans
<i>Or Jacket potatoes</i> filled with a choice of fillings – Cheese, Tuna, Ham & baked beans (when available)				
<i>Or cold choice</i>				
Ham roll	Ham & Cheese Panini	Gammon Roll	Ham sandwich	Cheese wrap
<i>And for dessert</i>				
Chocolate Penny	Lemon Drizzle	Ice Cream	Chocolate brownie	Carrot Cake
Fresh fruit, fruit pots, yogurt, cheese& crackers are available every day as an alternative to the daily dessert.				
<i>And finally, a drink</i>				
A selection of the following drinks will be available daily – freshly made milkshakes, fruit juice (apple, orange or blackcurrant), or water				

