





ELLESMERE PORT WOMEN'S GROUP GET READY FOR CHRISTMAS



- 24th Oct – Budgeting for Christmas.
 - 31st Oct – Relaxation techniques to help you keep calm tbc.
 - 7th Nov – Build your Self Esteem and confidence tbc.
 - 14th Nov – Pottery – Glaze Christmas decorations ready for Christmas.
 - 21st Nov – Christmas Crafts/cards.
 - 28th Nov – Self Defence tbc.
 - 5th Dec – St Nicholas' Day.
 - 12th Dec – Visit to Chester Cathedral.
 - 19th Dec — Find out about the real meaning behind Christmas – share a mince pie and Polish Pierogi.
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Come along and meet other women and join in the Christmas activities.

Every Tuesday 10-11am
The Community Hub
108-112 Whitby Road
Ellesmere Port, CH65 0AB.
Tel 0151 370 2960

