

Positive Families



It's not always easy being a parent! We all need a little help sometimes.

This five week Family Learning course is relaxed, friendly and free and can offer:

- Ideas and practical ways to help support all parents.
- Help putting routines and boundaries into place.
- Help giving choices and consequences.
- The opportunity to chat and support other parents.
- The chance to develop your skills for family life and work

Positive Families will run at Neston Community Youth Centre next term:

This course will run for 5 weeks from 14th November from 1pm to 3pm

To book a place on this course please contact the Children's Centre on 0151 337 6425

