

Sport Premium Development Action Plan 2015-17 St Mary of the Angels Catholic Primary School.

Objective; To maintain and raise standards of physical activity & sport throughout the school.

Co-ordinator; G. Merrick

<i>Ref</i>	<i>Task/ target</i>	<i>Action/strategy</i>	<i>People involved</i>	<i>Training/ resources</i>	<i>Monitoring</i>	<i>Time scale</i>	<i>Cost</i>	<i>Source/ code funds</i>	<i>Success criteria</i>	<i>Evaluation to date (last evaluated spring 17)</i>
s1.	Employ an extra sports coach weekly to teach PE/sport Provide hands on CPD for staff	Jean McCormick, ex SSCO, to work weekly Friday am, with each class on rota	JM, RH, GH	Teachers to shadow in lessons (hands on) for CPD	SMT, govs	2015-17			*Extra 6 hours of quality sport per term, per class, wide range of sports over the year. *Liaises with local sports partnership & external agents for extra curric etc	Children report enjoying; quality T&L; useful, transferable CPD for staff. Access to Cheshire West tournaments and coaches
s2.	Employ additional external sports coaches to develop skills and encourage external participation in clubs etc	SSCO uses expertise to access additional coaching	JM, RH, GH	Teachers attend, doubles up for CPD	SMT, govs	2015-17			*Coaches visit school, work with pupils *Pupils learn specialist skills *Role models for excellence *Increased uptake in clubs	*Visits inc. Rugby Tots, Everton FC; Chester Fencing Club; Chester Rhythmic gym; Chester Phoenix Hoops for Health (full list below) See appendices below, for pupil outcomes
s3	Provide specialist CPD for staff, externally accredited	Seek swimming training for certain staff	SMT, GH, SR, PF	Provided by LA	SMT	2016, 2017			*where internal CPD is not sufficient, accredit staff via specialist training	GH, PF and SR now accredited swimming coaches; along specialist coach in local pool. Need to train nnew Y3 teacher, summer 17. Pupils swim in Y3. Enjoy

										& succeed (N.C.) Also Y4 – 6 2017 bikeability training
s4	To compete competitively across the local schools' cluster	SSCO can access local CWAC competitions for all ages; and nurture success/desire to win in pupils	JM, RH, GH	Extra curricular sports events	SMT, govs	2014 -17			*Sport coach attends cluster meetings to plan provision *pupils invited via GM to attend inter school sports *Sporting success for school and individuals	*JM works with local academy on roster of ongoing events *Examples of success – Y1, 2, 3 at Goodison finals; school wins Cheshire Swimming Gala; many individual trophies successes (see appendix one below)
s5.	Engage with parents, community etc to increase regular participation in sport	SSCO researches opportunities & works with SBM to publicise	JM, TM	Extra curricular sports & health events	SMT, govs	2015 -17			*Sports & health events advertised & pupils targeted to attend *Pupils attend more ongoing sport opps in the community	*Use of text messages, website, letters & flyers to promote sports events (and in foyer) *Health services courses offered to targeted pupils, successful outcomes (see appendix one below)
s6.	To encourage community sports for adults and community members	SBM works with SSCO to secure health opportunities on site for families	JM, TM	Extra curricular sports & health events	SMT, govs	2016 -17			*Evening classes to run for family and community promotion of sport *School becomes a good role model of health/fitness	*Courses now running in boxercise, body combat, pilates, Zumba, boot camp *Children attend with parents

S7.	To support families on residential and outward bound trips, to access aspirational sport and fitness activities, regardless of ability to pay.	SBM works with sport team to ensure that access at residential events for sport is based on free access, not via wealth issues.	TM, RH, GM, JM	Resident-ials, support for pupils' attendance	SMT. govs	2016 -17			*Pupils are all able to access the Kingswood residential annually in Y5, regardless of income *Y6 exchange residential to Pamplona, Spain includes a sharing of sport events, as part of our shared learning plan, during daily visits to each school	*All pupils access unique new skills/activities such as climbing, orienteering, abseiling, aeroball *Pupils on unique Spanish exchange access new sports such as padel and pelota, regardless of ability to pay
-----	--	---	----------------	---	-----------	----------	--	--	--	--

APPENDIX ONE; Further information.

S1 S3 & S4.

Sports coach supplements PE sessions with a wide range of short courses in other sports.

Sports offered; tag rugby; hockey; gymnastics; indoor athletics; kwik cricket; tri golf; speed agility quickness; tri golf; outdoor athletics;

Disability sports; seated volleyball; goalball scheduled for spring/summer 2017

OUTCOMES; Pupils are able to taste a wide range of sports and find one/some they enjoy; and aim to excel. Take part in competitive sport, in local and wider clusters.

EVIDENCE;

1. Pupil success - Ruby Roberts (Y4) enjoyed tennis coaching; went to local tennis club; now Cheshire Tennis Champion under 9s. Trained in regional excellent squad, January 17, Rochdale.
2. Swimming success – 2014 West Cheshire swimming gala CHAMPIONS; wider area FINALISTS; 2015, 2016 – lots of individual medals and successes.
3. Various sports successes. 2014 E Port Y2 winners & regional finalists at Everton FC; Ellesmere Port girls football winners 2014; Oct 14 Y5 & Y6 Tag Rugby finalists, E Port; 2015 Reception class E port football finalists; and Reception ‘rugby tots’ finalists. Y2 E Port indoor athletics inter school sports, summer 2014, 2015. Y1 & Y3 team regional football finalists at Everton FC. 2015 Ellesmere Port finalists Y5 & Y6 Cricket. 2015 Y6 West Chester trigolf finalists, Helsby. Summer 15, Y5 & Y6 Hockey tournament finalists, Ellesmere Port. 2016 E Port EYFS, Y2 & Junior football finalists.
4. An example of excellent impact of CPD on staff. Observation of outdoor athletics session enabled teachers to offer a whole range of new activities in annual sports day, both competitive and personal challenges.

S2.

External sports, offering external access to local events.

OUTCOMES. Pupils access external sport and succeed.

EVIDENCE; Examples of success include;

1. Chester Fencing Club. We had coaching in school; and offered to hold the Cheshire finals in summer 14- 15 here; and pupils attained silver and bronze medals.
2. Cheshire Phoenix Basketball team. Took part in 'Hoops for Health' programme, learning from the players about healthy eating, healthy living; attended a match; and our basketball team was a finalist in the local tournament, autumn 2016. Pupils are invited at a discount rate to home games, including meet the players, and skills training, as part of our partnership. Ongoing in 2017.
3. Pupils involved in Chester Basketball/Netball Clubs, lots of local football clubs, swimming clubs, martial arts etc. A spreadsheet is kept in school. Often lots of superb success, e.g. Y6, Emily Barnett attended the Taekwondo GB North Midland Championships 2016 and won a medal. Ruby Roberts Y4 is Cheshire Girls Tennis Champion. 2015 Elle Waring was Cheshire Swimming Champion.

S3, 5 & 6.

Engaging with parents of health promotion campaigns, including;

- 1.) Health for Life NHS campaign, which was taught in modules to last year's Y4 class

OUTCOMES; Increased pupil knowledge of healthy eating; increased knowledge of local clubs; increased fitness through extra fitness sessions in school; information for parents on the course, and follow up sessions at the Healthy Living centre in town.

- 2.) Y6 pupils annually accredited, 2014-17 in St Johns Ambulance first aid

OUTCOMES: Pupils accredited in ; CPR; wounds; emergency first aid (bandaging, cuts); how to react at accidents. Transferable skills to home and in the community. Increased health awareness in our homes and in our wider community.

- 3.) Bikeability training, after school course, to highlight road safety and dangers/benefits of cycling.

OUTCOMES; 2014 & 2015 - Mrs Williams HLTA trained on Bikeability, via the LA Road Safety Unit. Able to share that with other staff on the course; parents informed about bicycle safety with their children; Y4 – 6 children learn how to ride a bicycle with safety, prudence and promoting the health benefits of cycling. Each pupil certificated at the end of the course.

- 4.) Courses offered in the evenings for parents and community.

OUTCOMES; A range of courses, with variety, to promote adult and child health. Parents attend, sometimes with current or past pupils, on a weekly

basis all year round. School offers rental of site on heavily subsidised rate. Top quality trainers with national qualifications (eg head of PE in local high school offers boxercise, accredited sports coach offers zumba, keep fit, pilates etc.

Up to 30 attendees at each session, all year round, including school holidays. Coaches report significantly increased fitness of participants, which promotes family health of course.

APPENDIX 2

LIST OF SPORTS OFFERED 2016 – 2017 VIA SPORT COACHING IN SCHOOL, via Sports Premium funding.

Tag rugby

Hockey

Gymnastics

Indoor athletics

Tennis

Kwik Cricket

Inter class football tournaments for boys and girls

Tri golf

Speed agility and quickness sessions

Outdoor athletics

Disabled sports (offered to all pupils);

Seated volleyball

Goalball

EXAMPLES OF EXTERNAL SPORT & FITNESS PARTNERS COMMISSIONED 2014 -16

Mini Kickers (Everton FC)

Football Coaching (Everton FC)

Swimming (Cheshire West and Chester Council, Brio Leisure)

Netball (Wirral Netball Club)

Basketball (Cheshire Phoenix National League 1 club)

Dance and Rhythmic gymnastics (Diana Scipanovs, ex Olympic gymnast)

Skipping Workshops

Year 6 Interschools sports day led by local Catholic High School PE dept, July 16 & again in summer 17

Rugby Tots Ltd NHS West Cheshire 'Fit4Life' campaign